

**Info on Athletic Physicals for Grades K - 12
for Athletic Participation
and/or GCHS Strength and Fitness Class**

In-School Physical Night will be **Wednesday, May 8, 2013** from 6:00 - 8:30p.m. for all Greenfield-Central School Corporation incoming K-12th graders in the 2013-2014 school year. The cost for the physical is \$25.00. Registration is not required to come to In-School Physical Night beginning this year.

Per the Greenfield-Central Athletic Code Handbook, athletes must have a cleared IHSAA physical signed by a licensed Indiana Doctor on file along with all other athletic paperwork in the high school Athletic Office **BEFORE** you may condition for any sport. Physical packets will be available on the High School and Junior High Athletic Websites or in their respective Athletic Offices beginning March 15th. All items starred are considered part of the physical packet and are required documents.

Students wishing to take GCHS Strength and Fitness classes for the 2013-2014 school year must complete a physical form *after April 1st but before August 1st* Students who do not have physicals on file by the first day of school will not be allowed to take the class.

If you are getting a physical for not only Strength and Fitness class but also for Athletics, you must download all forms for next year from the Athletic Website which include: Athletic Code Waiver, Emergency Contact Sheet, and the Drug Testing Waiver, and the Concussion Waiver. These forms will be available either on the Athletic Webpage or in the Athletic Office after February 13th.

If you choose to go to your own doctor for your physical, *IHSAA rules state that you cannot have a physical BEFORE April 1, 2013 to be good for the 2013-2014 school year.*